

Carlton Keighley Summer Menu Week one

	Monday	Tuesday	Wednesday	Thursday
Main meat	Southern Fried Chicken Burger	Pasta Bolognaise	Mexican Chicken Fajita	Turkey Tikka Masala
Main veg	Vegetable Enchiladas	Goats cheese, roasted courgette and broccoli bake	Sweetcorn & jalapeno Cheese Fritter	Paneer Tikka
Accompaniment	Oven roasted Wedges, Steamed Broccoli	Homemade Garlic Bread & Salad	Homemade Nachos' Selection of salads	Pilaf rice Pickled Vegetables & Salad
Grab and go	Tikka cheese panini	Southern fried chicken panini Garlic bread with cheese	Beef Burger Pizza panini	Chicken Tikka Panini
Desserts	Selection of cakes	Selection of cakes	Selection of Cakes	Selection of Cakes