

Carlton Keighley Spring Menu Week Two

	Monday	Tuesday	Wednesday	Thursday
Main meat	Peri-Peri Chicken	Spicy Beef Pasta	Smoked BBQ Chicken Fillets	Lamb Burger
Main veg	Roasted Vegetable & Halloumi Focaccia	Mac & Cheese	Sweet Potato Keralaan curry	Pakora Burger
Accompaniment	Portuguese Rice with Steamed Vegetables	Garlic Bread with Roasted Green Beans	Sweet Pickled Peppers, Folded Naan, Raita and salad	Chips, Beans, Salad
Grab and go	Pizza Panini	Cheeseburger	Indian Selection	Sweet Chilli Chicken Panini
Desserts	Pineapple Upside down cake	Summer Fruit Crumble	Sticky Toffee Pudding	Rice Pudding & Jam