

## Carlton Keighley Spring Menu Week one

	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>
<b>Main meat</b>	<b>Southern Fried Chicken</b>	<b>Lasagne</b>	<b>Beef Madras Pie</b>	<b>Battered Fish, Salmon Fish Cake</b>
<b>Main veg</b>	<b>Vegetable Samosa</b>	<b>Vegetable Lasagne</b>	<b>Falafel Pitta</b>	<b>Cheese Pasties</b>
<b>Accompaniment</b>	<b>Oven roasted Wedges, Steamed Broccoli</b>	<b>Garlic Bread &amp; Salad</b>	<b>Bombay New Potato, Raita, Roasted Cumin Cauliflower</b>	<b>Chips, Peas &amp; Beans</b>
<b>Grab and go</b>	<b>French Bread Pizza or Cheesy Garlic Bread</b>	<b>Vegetable Samosa, Sweet Chilli Sauce</b>	<b>Loaded Pitta</b>	<b>Panini Selection</b>
<b>Desserts</b>	<b>Treacle Sponge or Fruit Salad</b>	<b>Chocolate Fudge Sponge and Chocolate Custard</b>	<b>Jam Slice and Custard</b>	<b>Marble Sponge</b>